

"FOLEY INSERTION"

By

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FADE IN:

FOLEY INSERTION

The nurse knocks on the door and enters the patient's room where a woman is in a hospital bed. The nurse washes her hands and approaches the bed

NURSE

"Good Morning, Mrs. Smith. I am here to place a foley catheter in you per the Doctors orders. May I have your full name and date of birth?"

PATIENT

"My name is Jane Doe, and my date of birth is January first, nineteen sixty-five. "

The nurse verifies the patients' information against the wristband. Then Brings the foley kit over to the bedside table.

NURSE

"I am going to place the head of the bed down. Then I will have you lay on your back, bend your knees and spread your legs."

PATIENT

"OK"

NURSE

"Are you allergic to betadine?"

PATIENT

"No"

The nurse presses the button on the bed, and the head of the bed lowered until it was flat. The nurse then lifts the blanket up above the legs and lays it overs the patient's abdomen and chest. Then the nurse places the foley kit on the bed in between the patient's legs and begins to open it.

Opening the sterile wrapping by un-folding the first flap away from her, then the left and the right flaps opening the sterile container.

The nurse removes the absorbent sheet in the kit and places it under the patient to catch any drippings. The nurse then dons the sterile gloves inside the kit. The nurse then takes the tube of k-y jelly in the kit, and the jelly is then applied inside in the appropriate area in the kit. The nurse then takes the tip of the catheter and carefully removes the plastic cover before placing it in the jelly. The 10 ml syringe full of sterile normal saline included in the kit is placed in the foley catheter's appropriate connection port.

NURSE

"You are going to feel me clean you with the betadine. It may be cold."

PATIENT

"Thank you for the warning."

The nurse takes her non-dominant hand and uses it to spread the patients' labia. Taking her dominant hand, she then takes the betadine-soaked swabs and cleans the patient's labia. She swipes from outside and moves inside using a new swab when moving to a new area.

NURSE

"I am now going to insert the catheter, and you may feel some pressure."

PATIENT

"OK"

Careful not to move her non-dominant hand as it is no longer sterile, the nurse grabs the catheter tip from the jelly with her remaining sterile hand. The catheter is inserted into the urethral opening until urine drains into the tube. Once the urine is seen, the catheter is then inserted an extra two inches. Once in place, the nurse then inflates the catheter with the 10 ml syringe included in the kit. Then she places the foley on the side of the bed, below the patient's bladder, not touching the ground, and on a non-moveable area.

NURSE

"All done"

PATIENT

"thank you"

The nurse then discards her gloves and washes her hands.
She then returns to the patient with a stat-lock.

NURSE

"This is used to ensure your catheter
doesn't tug and stays in place."

PATIENT

"OK"

The nurse follows the instructions on the stat-lock by
using a skin prep on the inner thigh, then places the foley
in the appropriate locking mechanism and sticks it to the
prepped area. The nurse then covers the patient back up
with the covers and precedes to chart the procedure.

NURSE

"We are all done here, Is there anything I
can do for you before coming back for your
four PM medication?"

PATIENT

"No, thank you."

The nurse ensures the patient has their call light and
supplies nearby on the bedside table before leaving the
room.

FADE OUT:

THE END